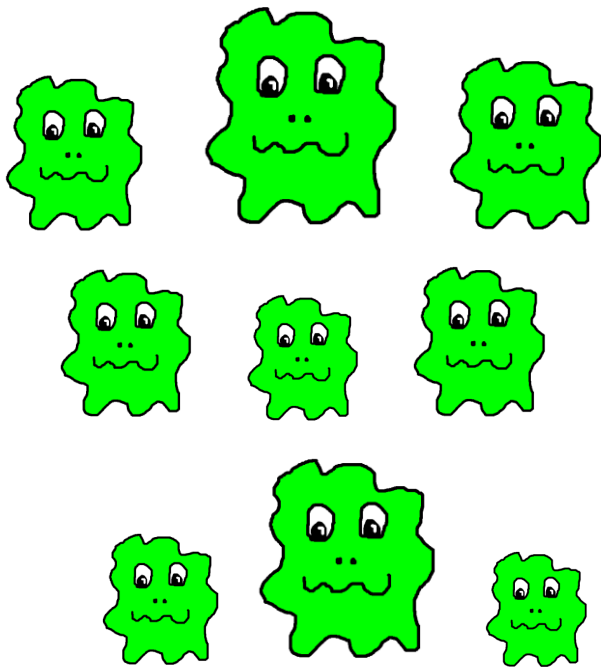


Don't Spread Your Germs Around!

Lyrics to the Song

By Dawn Ginese RN, The Singing Nurse



The Singing Nurse

We ♥ Living Healthy! Come sing and learn with us!



Hi I am Dawn Ginese, R.N. creator of The Singing Nurse music and educational products. I create lessons that help parents, teachers and nurses to educate young children in a fun and lively way. My CD of health songs helps kids and families to have good hygiene habits. The songs also help to prepare kids with visits to the dentist and audiologist, help prevent Lyme disease and affirm that they are well thought of by God and uniquely made.

The Singing Nurse products also includes: "The Singing Nurse-Health Lessons for Kids" which is a 69 page curriculum which incorporates hands on crafts and activities, including our hand washing animation and sing-a-long songs with lyrics and motions.

The TSN products are high quality resources appropriate for all early childhood education programs. Our products help kids to think and act healthy. TSN products are easy to use, save you preparation time and great for home school families, the classroom, public health professionals and houses of worship.

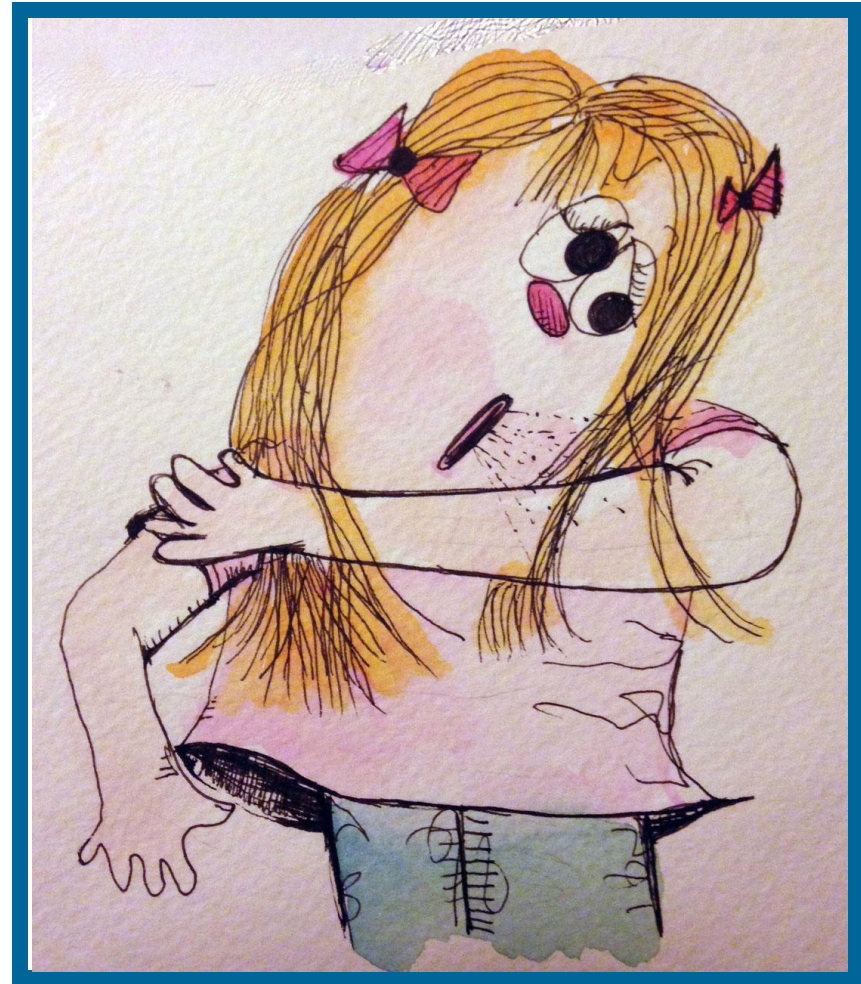
I was a Southern California girl until I met my New Yorker musician husband of 40 years. I have been a New Yorker myself since 1980. I have 3 grown children and 3 energetic grandchildren.

I am a lifelong learner; enjoy photography, doodling, multimedia, reading, social media, walks along the beach, sushi, singing and being part of teachable moments with kids. My website and blog is artful, musical, educational and inspirational. Stop by @ www.TheSingingNurse.com

Dawn

If you think you need to cough
You think you need to cough
If you think you need to cough
(Cough sound into your shoulder)
in your shoulder.

If you think you need to cough
You think you need to cough
Show me what you're going to do
(Cough sound into your shoulder)
in your shoulder.





Don't spread, don't spread,
don't spread your germs around

Don't spread, don't spread,
don't spread your germs around

Don't spread, don't spread,
don't spread your germs around

Oh no, don't spread your germs around

If you think you need to sneeze
You think you need to sneeze
If you think you need to sneeze
(Sneeze sound into your shoulder)
in your shoulder

If you think you need to sneeze
You think you need to sneeze
Show me what you're going to do.
(Sneeze sound into your shoulder)
in your shoulder





Don't spread, don't spread,
don't spread your germs around

Don't spread, don't spread,
don't spread your germs around

Don't spread, don't spread,
don't spread your germs around

Oh no, don't spread your germs around

If you cough & sneeze
in your shoulder

This is very good!

But if you forget
and cough & sneeze
in your hands

Tell me what
you're going to do?



Wash Your Hands!





Don't spread, don't spread,
don't spread your germs around

Don't spread, don't spread,
don't spread your germs around

Don't spread, don't spread,
don't spread your germs around

Oh no, don't spread your germs around

Don't Spread Your Germs Around

Lyrics book

How germs are spread

Q: If we cough or sneeze on our neighbor, what can we give them?

A: Germs

Q: What can germs do?

A: Make you sick!

Q: How can we stop spreading our germs?

A: Cough or Sneeze in our shoulder, cover our mouth when we cough or sneeze.

Q: If we forget and cough or sneeze in our hands, what are we going to do?

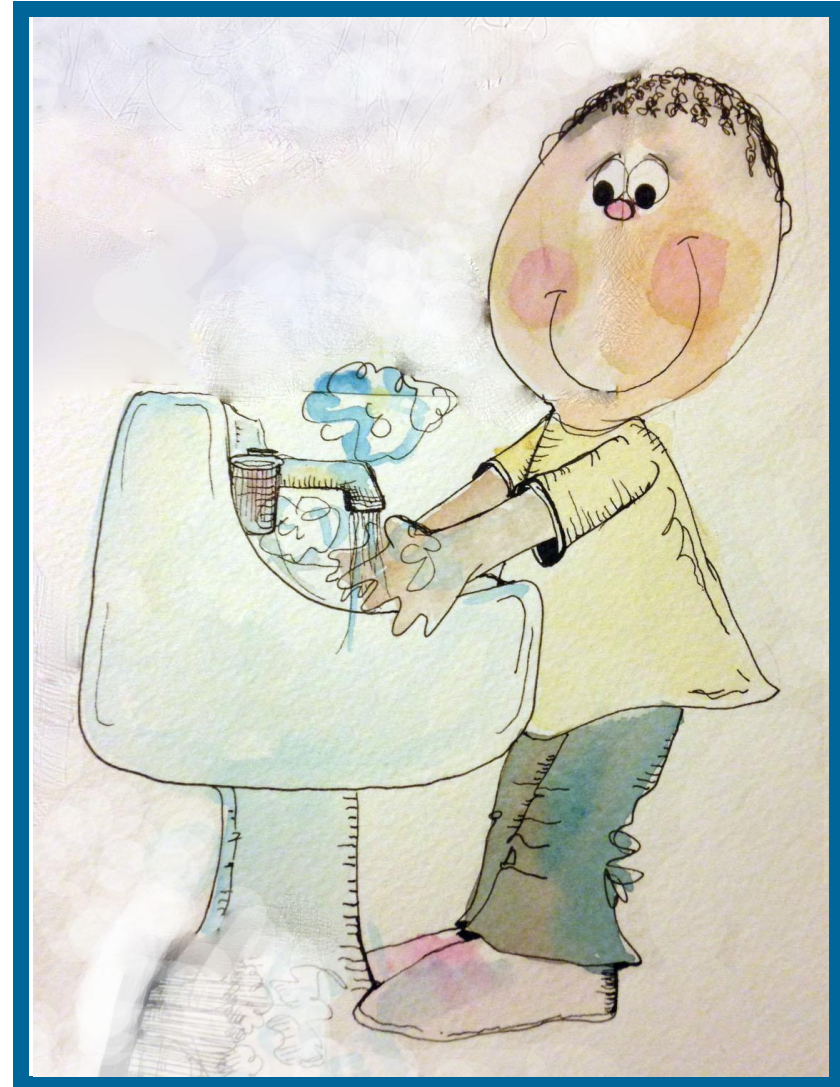
A: Wash our hands!

How to wash your hands

1. Wash your hands with soap and warm water.
2. Rub your hands together to make friction.
3. Rinse your hands and dry them.

Go to www.TheSingingNurse.com to hear and purchase the song. The Singing Nurse-Health Lessons for Kids, a health curriculum for young children is available. Go to the website to find out about our free Hand Washing Activity eBook.

Dawn Ginese, RN



All artwork by April Matula-Special Ed. Teacher
except Page 8 embellishment by Hannah Ginese MPH

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